



EXECUTIVE OFFICE OF THE PRESIDENT NAIROBI METROPOLITAN SERVICES DIRECTORATE OF HEALTH

MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES

SUBCOUNTY	FACILITY	SERVICES AVAILABLE	CLINICS DAYS
Level II & III health Facilities			
LANGATA	Langata HC	Psychiatric services Counseling & Psychotherapy	Tuesday
	Kibera Amref H/C	Counseling & psychotherapy	Wednesday
	Kibera DO H/C	Counseling & Psychotherapy	Thursday
MAKADARA	Lunga Lunga HC	Psychiatric Clinic Psychotherapy & Counselling	Tuesday & Thursday
	Makadara HC	Psychiatric services Psychotherapy & Counselling	Monday
	Jericho HC	Psychiatric services	Wednesday
	Community Units	Community Mental health	Friday
DAGORETI	Waithaka	Psychiatry & Psychotherapy	Tuesday & Thursday
	Uthiru-Muthua	Psychiatry, Psychotherapy	Wednesday & Friday
RUARAKA	Mathare North Health Centre	Psychiatric/ Counselling	Tuesday
	Kahawa West Health Centre	Psychiatric/counselling	Monday & Wednesday
	Community Unit	Community mental health	Thursday & Friday
STAREHE	Ngara health Center &	Psychotherapy & Counselling	Monday, Tuesday & Wednesday
	Ngara Methadone clinic	Psychiatry services	Friday
	Ngara Child Friendly clinic	Child & Adolescents Mental health; Assessments, Counseling and Psychotherapy	Monday- Friday
		Psychiatry services	Thursday - Trauma Therapy, Assessments Friday
EMBAKASI WEST	Kayole II Health Centre	Psychiatry clinic	Thursday
	Umoja Health Centre	Psychiatry clinic	Monday
WESTLANDS	Kangemi Health Centre	Epilepsy clinic	Monday
	Westlands Health Centre	Mental Wellness clinic	Wednesday
		Mental Wellness clinic	Tuesday
	Community Unit	Community mental health -	Thursday
	Mji wa Huruma dispensary	Mental wellness clinic	Friday
	Lower Kabete	Psychiatry services	Monday, Tuesday & Thursday
EMBAKASI EAST	Mukuru kwa Njenga HC	Counselling services	
		Psychiatric services	Wednesday & Friday
	Embakasi East Health Centre	Counselling services	Tuesday
		Psychiatric services	Thursday
	Soweto-Kayole Health Centre	Psychiatric services	Last Tuesday of the month
	Community Units	Community mental health	Monday
KASARANI	Dandora II HC	Psychiatry Clinic	Monday
	Kariobangi North HC	Psychiatry Clinic	Tuesday
	Kasarani HC	Psychiatry Clinic	Thursday

Level IV Hospitals			
EMBAKASI WEST	Mama Lucy Kibaki hospital	Psychotherapy (counseling)	Monday - Friday
		Mental wellness clinic	Tuesday - Wednesday
		Psychiatrist clinic	Thursday
		School mental health	Thursday
KAMUKUNJI	Pumwani maternity hospital	Maternal Mental health services Psychiatric clinic	Monday - Friday
LANGATA	Mbagathi Hospital	Psychiatric Clinic	Tuesday & Thursday
		Psychotherapy clinic	Monday - Friday
DAGORETI	Mutuini Hospital	Psychotherapy Counselling services	Monday, Tuesday & Thursday
		Psychiatry clinic	Wednesday



For more information call
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Signed.....
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Director Health Services

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